



HUDSON
DERMATOLOGY & LASER SURGERY

PRE LASER , MICRONEEDLING and CHEMICAL PEEL INSTRUCTIONS

- * Discontinue all retinoid/retinol products 7 days prior to treatment
-this includes Tretinoin, Adapalene, Differin and any night cream that has a retinol ingredient

NOTE: please keep in mind that if you used any of the ingredients described above ***less than 7 days ago***, your treatment will have to be postponed!

- *No sun exposure 14 days prior to treatment

- *Discontinue use of any hydroquinone product prescribed or over the counter 7 days prior to treatment

- *No makeup is preferred day of treatment if area being treated is the face

- *If there is a history of cold sores- take Valtrex the day of treatment for preventative purposes. We can also send a prescription if necessary.

NOTE: if you have a cold sore or any symptoms of the cold sore starting, please call us to reschedule your appointment immediately. Your treatment can not be performed. There is a broken appointment fee if we are not notified by you and the treatment can not be done during the reserved time.

We look forward to and are excited to be treating you!
If you have any questions, please feel free to call or email us
(917) 970-9100 info@hudsondermlaser.com