



HUDSON

DERMATOLOGY & LASER SURGERY

After Your Surgical Procedure

1. Leave the bandage on and keep it dry for 24-48 hours (tip: It is best to remove the bandage at the end of your shower so the adhesive will come off more easily). Once you remove the top dressing, if there are steri-strips directly on the wound, leave those on until they fall off by themselves. Once those fall off, you can start the following wound care (see below).
2. Keep the area clean with soap and water.
3. All wounds should be gently dried after cleaning with a clean towel or gauze.
4. Apply a thin layer of ointment to the site (you may use Vaseline or Aquaphor, or mupirocin ointment if prescribed; please do NOT use Polysporin, Triple Antibiotic, Bacitracin, or Neosporin, as these commonly cause allergic reactions). This is a very important step, it will speed up the healing and result in a better cosmetic outcome. Remember, you should start putting on ointment only once the steri strips have fallen off.
5. It is recommended to keep the area covered using either non-stick gauze (Telfa Gauze) and tape or a simple Band Aid (especially if the area is covered by clothing or exposed to irritation).

Repeat the above steps until the scab falls off naturally or, if you have received stitches, until the day of your stitch removal.

Bleeding sometimes occurs after surgery. If you notice this when home, apply firm pressure to the site for 10-15 minutes uninterrupted. If bleeding cannot be controlled then contact our office.

If you notice pus, sudden expanding redness around the wound, or a sudden increase in pain at the site then contact your physician.

It is normal during the first few days to have some swelling and tenderness (and even mild

redness) at the site of the procedure. It is best to take Tylenol (acetaminophen) for any pain unless otherwise advised by a physician. Do not take Motrin, Aleve, Advil or ibuprofen, as these will thin your blood and may increase the risk of bleeding from the wound.

If you have stitches, avoid excessive motion (including yoga and gym work outs) of the wound area for at least two weeks. Stitch removal is usually painless and is done 7-14 days after the procedure depending on the location and number of stitches. Be sure to arrange your appointment before leaving the office.

Biopsy results are usually available after one week. We will call you once they are in the office. If you have not heard after ten days, please feel free to contact our office.

Avoid direct sun exposure on the wound for at least six weeks and if outdoors always use a sun block of at least SPF 30.

*If you have any questions, please don't hesitate to call:
917-970-9100*